



GO-TO GUIDE FOR MENTAL HEALTH

Community Resources:

Clinicians Completed: *Scoliosis Training for Mental Health Providers*

- Long Island, NY
 - Dana Reeves, LMHC, Lifestance Health
 - 1399 Franklin Ave, Suite 302, Garden City, NY 11530
 - Dana.Reeves@lifestance.com
 - (516) 969-3236
- New York, NY
 - Dr. Sarah Hatcher Ph.D, Child & Family Institute
 - 411 E 114th St, New York, NY 10029
 - shatchercfi@gmail.com
 - 978-593-4662
 - Dr. Aspasia Hotzoglou. The American Institute for Cognitive Therapy
 - 150 East 58th Street, Fifth Floor Annex New York, NY 10155
 - ahotzoglou@cognitivetherapynyc.com
 - 646-420-8741
 - Kim Butler, LCSW, Lifestance Health
 - 667 Stoneleigh Ave, Suite 202 Carmel Hamlet, NY 10512
 - Kim.Butler@lifestance.com
 - 866-592-0421
- New Jersey
 - Abby Riley, LAC, Inspire Wellness
 - 70 Hilltop Rd. Suite 1000 Ramsey, NJ 07446
 - 266 Harristown Rd. Suite 209 Glen Rock, NJ 07452
 - abby@inspirewellness.com
 - Dr. Jennifer Mayo Ajosa, PsyD., Behaved Brain
 - 110 Warren Ave Suite 6, Ho-Ho-Kus, NJ 07423
 - 22 Peterson Ave Midland Park, NJ 07432
 - jmayo@behavedbrain.com
 - 201-857-5380 ext 2
- Westchester, NY
 - Rebekah Katz, PsyD., Scarsdale Village CBT
 - 14 Harwood Court, Suite 511, Scarsdale, NY 10583
 - Katz@ScarsdaleVillageCBT.com
 - Dr. Angela Reiter, PsyD.
 - 145 Palisade St Suite 200 Room 1, Dobbs Ferry, NY 10522
 - reiterintake@gmail.com
 - 914-488-4779

- Connecticut
 - Dr. Caryn Bienstock, MA, PhD., LCSW
 - 95 Rowayton Avenue, Rowayton, CT 06853
 - drcaryn.bienstock@gmail.com
 - 203-829-7400
- Clinicians from NYP: Weill Cornell and Columbia University Medical Center
 - Dr. Corinne Catarozoli, Ph.D, Weill Cornell
 - 525 East 68th Street, New York, NY 10065
 - cos2006@med.cornell.edu
 - (646) 397-8817
 - Emily Cruz, LCSW, Columbia University
 - CUCARD Anxiety Clinic, 516 W 168 th St rd Floor, New York, NY 10032
 - emc2263@cumc.columbia.edu
 - 212-342 3800
 - Dr. Nomita Sonty, Ph.D, Columbia University
 - 51 West 51st Street, Suite 340, New York, NY 10019
 - 212-305-7114
 - ns331@cumc.columbia.edu
 - Yael Monselise, LCSW, Columbia University
 - CUCARD Anxiety Clinic, 155 White Plains Rd Ste 200, Tarrytown, NY
 - 914-631-4618
 - ym3036@cumc.columbia.edu

For questions or more information on referrals, cost, insurance, etc, contact:

Julia Rakin

Mental Health Coordinator

Department of Pediatric Orthopedics

203-216-3348

jr4593@cumc.columbia.edu

