



GO-TO GUIDE FOR MENTAL HEALTH

Bronx, NY:

Pediatric Behavioral Health and Psychology Resources

- New York Psychotherapy and Counseling Center– Bronx Child and Family Mental Health Center
 - A: 579 Courtland Avenue Bronx, NY 10451
 - P: (718)–908–8000 <https://nypcc.org/>
- Astor Services
 - A: 750 Tilden Street Bronx, NY 10467
 - P:(718) 231–3400
 - A: 1419 Shakespeare Avenue Bronx, NY 10452
 - P: (718) 732–7080 <https://www.astorservices.org/program/bronx-clinic-based-services/>
- Counseling & Psychotherapy of Throggs Neck
 - A: 3517 E Tremont Ave, Bronx NY 10465
 - P: 718–792–4178, ext. 104
- Good Shepherd Services–Youth Services (after school programs and summer camps)
 - A: 2190 University Avenue Bronx, NY 10453
 - P: 212–243–7070 <https://goodshepherds.org/program/>
- Jewish Board of Family & Child Services– Bronx Children and Family Treatment and Support Services
 - A: 2488 Grand Concourse, 2nd Floor Bronx NY 10458
 - P: 1-844-663-2255 www.jbfcs.org
- Lincoln Medical and Mental Health Center – Child/Teen Mental Health Outpatient Services
 - A: 234 Eugenio Maria De Hostos Blvd (East 149th Street) Bronx, NY 10451
 - P: General Information: 718–579–5000, Appointments: 1-844-692-4692
<https://www.nychealthandhospitals.org/lincoln/childadolescent-outpatient-mental-health-services/>
- Montefiore Behavioral Health Center (MBHC)
 - A: 2527 Glebe Avenue Bronx NY, 10461
 - P: 718–904–4476
 - Email: MBHC-Intake@montefiore.org
- Montefiore Medical Center– Moses Child Outpatient Psychiatry Program, Pain Management and Eating Disorders
 - A: 3340 Bainbridge Avenue Bronx, NY 10467
 - P: 718–920–4653
<https://www.montefiore.org/moses-child-outpatient-psychiatry-program>
- Montefiore Medical Center – Wakefield Child Outpatient Psychiatry Program, general psychotherapy needs
 - A: 4401 Bronx Boulevard Bronx NY, 10470
 - P: 718- 304-7100 <https://www.montefiore.org/body.cfm?id=7749&newcontentpreview>
- Montefiore Medical Center – Einstein –Adolescent Depression and Suicide Clinic

- A: 3300 Kossuth Avenue Bronx, NY 10467
- P: 718-920-5466 www.montefiore.org-care/giving/hope-for-teens
- The Puerto Rican Family Institute –Bronx Mental Health Clinic
 - A: 1420 Stebbins Ave Bronx, NY 10457
 - P: 718-266-3045 <https://www.prfiorg.com/counseling-mentalhealth-services>
- Mosaic Mental Health
 - A: 5676 Riverdale Avenue Bronx, NY 10471
 - P: 718-796-5300 (ext, 117, 125, 114) <https://www.mosaicmh.org/for-children--families.html>
- SBH Behavioral Health – Child, Adolescent and Family Service Program (CAFS)
 - A: 260 E. 188th Street Bronx, NY 10453
 - P: 718-960-3165 <https://www.sbhny.org/sbh-behavioral-health/>
- Comunilife – Life is Precious – Latina Suicide Prevention Program
 - A: 4419 Third Ave 3rd Floor Bronx, NY 10457
 - P: 646-866-9045 <https://www.comunilifelip.org/>
- Athena
 - A: 2825 Third Avenue, Suite 402 Bronx, NY 10455
 - P: (718)-520-8000 <https://athenapsych.com/en/>
- New York Psychotherapy and Counseling Center (3 locations & telehealth)
 - A: Bronx Child and Family Mental Health Center 579 Courtlandt Avenue Bronx, NY 10451
 - P: (718) 485-2100 <https://nypcc.org/>

For questions or more information, contact:

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