



# GO-TO GUIDE FOR MENTAL HEALTH

## Long Island, NY: Pediatric Behavioral Health and Psychology Resources

- The Child and Family Institute
  - A: 1225 Franklin Ave, Suite 325, Garden City, Ny 11530
  - P: 917-426-1889
  - E: [intake@childfamilyinstitute.com](mailto:intake@childfamilyinstitute.com) <https://childfamilyinstitute.com/>
- Northwell Health - Pediatrics Behavioral Health
  - A: 75-59 263rd Street, Ambulatory Care Pavilion, Lower-Level Glen Oaks, NY 11004
  - P: (718) 470-3500 <https://www.northwell.edu/behavioral-health>
- Northwell Health - Pediatric Behavioral Health Urgent Care Center - Same day help
  - A: 269-01 76th Avenue, Room 161 New Hyde Park, NY 11040
  - P: (718) 470-3148 <https://www.northwell.edu/behavioral-health/programs-services>
- Nassau University Medical Center (NUMC) Outpatient Behavioral Health Services
  - A: 2201 Hempstead Turnpike East Meadow, NY 11554
  - P: (516)-296-2670 <https://www.numc.edu/our-services/mental-health-addiction/outpatient-behavioral-health-services/>
- Mount Sinai South Nassau Mental Health Counseling Center
  - A: 2277 Grand Avenue Baldwin, NY 11510
  - P: (516) 377-5400 <https://www.southnassau.org/sn/mental-health-counseling-center>
- Mount Sinai South Nassau - Primary Care, Pediatrics, and Behavioral Health
  - A: 250 Fulton Avenue Hempstead, NY 11550
  - P: (516) 485-5710 <https://www.southnassau.org/sn/mental-health-counseling-center>
- Stony Brook Psychiatric Associates - Child and Adolescent Outpatient Services Department of Psychiatry and Behavioral Health
  - A: HSC, Level T-10, Room O20 Stony Brook, NY 11794-8101
  - P: (631) 632-2428
  - [https://www.stonybrookmedicine.edu/patientcare/psychiatry/child\\_outpatient](https://www.stonybrookmedicine.edu/patientcare/psychiatry/child_outpatient)
- Advanced Counseling Associates
  - A: 260 Main Str. West, Suite 8 Bay Shore, NY 11706
  - P: 631-647-9009
  - E: [info@advancedcounselingassociates.com](mailto:info@advancedcounselingassociates.com) <https://advancedcounselingassociates.com/>
- CBT Solutions of Long Island
  - A: 33 Walt Whitman Rd. Suite 240 Huntington Station, NY 11746
  - P: 631-209-5343 <https://cbtsolutionsli.com/>
- Child and Family Psychological Services, P.C.
  - A: Suffolk Location: 521 Route 111 Suite 202 Hauppauge, NY 11788
  - A: Nassau Location: 1527 Franklin Avenue Suite LL12 Mineola, NY 11501
  - P: (631) 265-9850

- E: [childfamily12@gmail.com](mailto:childfamily12@gmail.com) <https://www.childandfamilypsychservices.com/index.html>
- East End Psychological Services
  - A: 565 Route 25A, Suite 201 Miller Place, NY 11764
  - A: 358 Veterans Memorial Highway, Suite 9 Commack, NY 11725
  - P: (631) 821-7214
  - E: [admin@eepservices.org](mailto:admin@eepservices.org) <https://www.eepservices.org/index.php>
- Long Island Anxiety Care
  - A: 3771 Nesconset Highway, Ste. 214 South Setauket, NY
  - P: (631) 751-1420
  - E: [lianxietycare@gmail.com](mailto:lianxietycare@gmail.com) <http://licbt.com/>
- Solutions Counseling LCSW PLLC
  - A: 6500 Jericho Turnpike Suite 217 Commack, NY 11725 US
  - P: (631) 543-8877 <https://scc-counseling.com/>
- Long Island Counseling Services
  - A: 2545 Hempstead Turnpike, Suite 105 East Meadow, NY 11554
  - P: (516) 882-4544
  - A: 150 Broadhollow Rd, Suite 310 Melville, NY 11747
  - P: (631) 380-3299 <https://longislandcounselingservices.com/>
- Long Island Family Therapy
  - A: 358 Veterans Memorial Hwy, Suite 12 Commack, NY 11725
  - P: 631-656-6055 <https://www.longislandfamilytherapy.com/index.asp>
- Right Path Counseling Long Island
  - A: 420 Jericho Turnpike, Suite 100 Jericho, NY 11753
  - P: (516) 247-6457
  - E: [RightPathCounselingLI@gmail.com](mailto:RightPathCounselingLI@gmail.com) <https://rightpathcounselingli.com/>
- New York Behavioral Health
  - A: 520 Franklin Ave, Suite L6-A Garden City, NY 11530
  - A: 100 N. Village Avenue, Suite 26 Rockville Centre, NY 11570
  - P: 646-599-3498
  - E: [info@newyorkbehavioralhealth.com](mailto:info@newyorkbehavioralhealth.com) <https://www.newyorkbehavioralhealth.com/>
- Therapy My Way
  - A: 535 South Oyster Bay Rd Plainview, NY 11803
  - P: (516) 888-HELP
  - E: [schedule@therapymyway.com](mailto:schedule@therapymyway.com) <https://therapymyway.com/>

**For questions or more information, contact:**

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