



# GO-TO GUIDE FOR MENTAL HEALTH

## Westchester, NY:

### Pediatric Behavioral Health and Psychology Resources

- \*The Child & Family Institute– Westchester Division
  - A: 2 Overhill Road Suite 400, Scarsdale NY 10583
  - A: 303 S. Broadway, 4th floor, Suite 450, Tarrytown NY 10591
  - P: 917-439-5759 <https://childfamilyinstitute.com/>
- \*Dr. Jon Rogove and Dr. Rebekah Katz – Scarsdale Village CBT
  - A: 14 Harwood Court, Suite 511 Scarsdale, NY 10583
  - P: (914)-485-7200 <https://www.scarsdalevillagecbt.com/>
- Mt. Kisco CBT – Dr. Rachel Gerstein PhD and Dr. Emily Felber PsyD
  - A: 344 Main Street, Suite 207 Mt. Kisco, NY
  - P: 914-265-0462
  - E: [rachelgersteinphd@gmail.com](mailto:rachelgersteinphd@gmail.com),
  - E: [emilyfelberpsyd@protonmail.com](mailto:emilyfelberpsyd@protonmail.com) <https://mtkiscocbt.com/>
- Dr. Angela Reiter PsyD – Dr. Reiter and Associates
  - A: 475 White Plains Road Suite 27, Eastchester NY 10709
  - P: 914-488-4779
  - E: [reiterintake@gmail.com](mailto:reiterintake@gmail.com) <https://www.psychevaluationtherapy.com/>
- Westchester Jewish Community Services
  - A: 845 North Broadway, White Plains NY 10603
  - P:(914) 965-0006 <https://www.wjcs.com/>
- Regina Colangelo, LCSW – Private Psychotherapy Practice
  - A: 16 School St # 1Rye, NY 10580
  - P: (914) 934-8861 <https://reginacolangelo.com/>
- M. Kim O'Connor and Associates– Family Therapy
  - A: 14 Elm Pl Suite 200/205 Rye, NY 10580
  - P: (917) 453-2328 <https://mkimoconnor.com/>
- Beth Falk, PhD – Private Psychology Practice
  - A: 185 Kisco Ave #602 Mt Kisco, NY 10549
  - P: (914) 523-7626
- CUCARD (Columbia University Center for Anxiety and Related Disorders) – Clinicians Advanced in Chronic Medical Conditions and Day Program for School Avoidance
  - A: 155 White Plains Rd, Ste. 200 Tarrytown, NY 10591
  - P: (914) 631-4618 <https://www.columbiadoctors.org/childrens-health/pediatric-specialties/psychiatry-psychology/our-services/cucard-westchester-anxiety-day-program>
- New York Presbyterian Westchester Behavioral Health Center
  - A: 21 Bloomingdale Road White Plains, NY 10605
  - P: 914-682-9100

- P:888-694-5700 <https://www.nyp.org/locations/westchester-behavioral-health-center>
- Child Diagnostic and Therapy Services
  - A: 1 South Greeley Avenue #302, Chappaqua NY 10514
  - P: (646) 233-0250
  - E: drdimitrarobokos@childtherapysupport.com <https://childtherapysupport.com/>
- Pleasantville Therapy
  - A: 351 Manville Rd, Suite 104 Pleasantville, NY 10570
  - P: 914-488-4343 <https://www.pleasantvilletherapy.com/>
- Cognitive & Behavioral Consultants (CBC)
  - A: 1 North Broadway, Suite 704 White Plains, NY 10601
  - P: 914-385-1150 <https://www.cbc-psychology.com>
- Westchester Center for Behavior Therapy (WCBT)
  - A: 61 Indian Hill Road Pound Ridge, NY 10576
  - A: 30 Glenn Street, Suite 207 White Plains, NY 10603
  - P: 914-946-4666 <https://thecenterforbehaviortherapy.com/>
- Bedford Hills Therapy
  - A: 132 Green Lane Suite C (second floor) Bedford Hills, NY 10507
  - P: 914-666-0511 <https://www.bedfordhillstherapy.com/>

**For questions or more information, contact:**

**Julia Rakin**

**Mental Health Coordinator**

**Department of Pediatric Orthopedics**

**203-216-3348**

**[jr4593@cumc.columbia.edu](mailto:jr4593@cumc.columbia.edu)**