



GO-TO GUIDE FOR MENTAL HEALTH

Bronx, New York

Pediatric Behavioral Health and Psychology Resources

- New York Psychotherapy and Counseling Center– Bronx Child and Family Mental Health Center
 - A: 579 Courtland Avenue Bronx, NY 10451
 - P: (718)–908-8000
 - <https://nypcc.org/>
 - Additional Mental Health Centers in Brooklyn and Jackson Heights
- Astor Services
 - A: 750 Tilden Street Bronx, NY 10467
 - P:(718) 231-3400
 - A: 1419 Shakespeare Avenue Bronx, NY 10452
 - P: (718) 732-7080
 - <https://www.astorservices.org/program/bronx-clinic-based-services/>
- Counseling & Psychotherapy of Throggs Neck
 - Licensed in New York, in person and virtual sessions
 - A: 3517 E Tremont Ave, Bronx NY 10465
 - P: 718-792-4178, ext. 104
- Good Shepherd Services–Youth Services
 - After school programs and summer camps
 - A: 2190 University Avenue Bronx, NY 10453
 - P: 212-243-7070
 - <https://goodshepherds.org/program/>
- Jewish Board of Family & Child Services– Bronx Children and Family Treatment and Support Services
 - A: 2488 Grand Concourse, 2nd Floor Bronx NY 10458
 - P: 1-844-663-2255
 - www.jbfcs.org
- Austin Group for Counseling
 - Licensed in New York, Offices in Bronx, Brooklyn, and Yonkers
 - A: 1 Stone Place Suite 305 Bronxville, NY 10708
 - P: 914-337-3179
 - E: austingroupnewyork1@gmail.com
- Lincoln Medical and Mental Health Center – Child/Teen Mental Health Outpatient Services
 - Licensed in New York – virtual and in person sessions
 - A: 234 Eugenio Maria De Hostos Blvd (East 149th Street) Bronx, NY 10451
 - P: General Information: 718-579-5000, Appointments: 1-844-692-4692
 - <https://www.nychealthandhospitals.org/lincoln/childadolescent-outpatient-mental-health-services/>

- Montefiore Behavioral Health Center (MBHC)
 - A: 2527 Glebe Avenue Bronx NY, 10461
 - P: 718-904-4476
 - Email: MBHC-Intake@montefiore.org
- Montefiore Medical Center– Moses Child Outpatient Psychiatry Program, Pain Management and Eating Disorders
 - A: 3340 Bainbridge Avenue Bronx, NY 10467
 - P: 718-920-4653
 - <https://www.montefiore.org/moses-child-outpatient-psychiatry-program>
- Montefiore Medical Center – Wakefield Child Outpatient Psychiatry Program, general psychotherapy needs
 - A: 4401 Bronx Boulevard Bronx NY, 10470
 - P: 718- 304-7100
 - <https://www.montefiore.org/body.cfm?id=7749&newcontentpreview>
- Montefiore Medical Center – Einstein –Adolescent Depression and Suicide Clinic
 - A: 3300 Kossuth Avenue Bronx, NY 10467
 - P: 718-920-5466
 - www.montefiore.org-care/giving/hope-for-teens
- The Puerto Rican Family Institute –Bronx Mental Health Clinic
 - A: 1420 Stebbins Ave Bronx, NY 10457
 - P: 718-266-3045
 - <https://www.prfiorg.com/counseling-mentalhealth-services>
- Mosaic Mental Health
 - A: 5676 Riverdale Avenue Bronx, NY 10471
 - P: 718-796-5300 (ext, 117, 125, 114)
 - <https://www.mosaicmh.org/for-children--families.html>
- SBH Behavioral Health – Child, Adolescent and Family Service Program (CAFS)
 - A: 260 E. 188th Street Bronx, NY 10453
 - P: 718-960-3165
 - <https://www.sbhny.org/sbh-behavioral-health/>
- Comunilife – Life is Precious – Latina Suicide Prevention Program
 - A: 4419 Third Ave 3rd Floor Bronx, NY 10457
 - P: 646-866-9045
 - <https://www.comunilifelip.org/>
- Athena
 - A: 2825 Third Avenue, Suite 402Bronx, NY 10455
 - P: (718)-520-8000 <https://athenapsych.com/en/>
- New York Psychotherapy and Counseling Center (3 locations & telehealth)
 - A: Bronx Child and Family Mental Health Center579 Courtlandt Avenue Bronx, NY 10451
 - P: (718) 485-2100
 - <https://nypcc.org>

For questions or more information, contact:

Julia Rakin, Mental Health Coordinator, CUIMC Department of Pediatric Orthopedics
203-216-3348, jr4593@cumc.columbia.edu