



GO-TO GUIDE FOR MENTAL HEALTH

Long Island Pediatric Behavioral Health and Psychology Resources

- Dana Reeves, LMHC, Lifestance Health
 - Completed *Scoliosis Training for Mental Health Providers*
 - Licensed in New York – in person and virtual sessions
 - A: 1399 Franklin Ave, Suite 302, Garden City, NY 11530
 - P: (516) 969-3236
 - E: Dana.Reeves@lifestance.com
- The Child and Family Institute
 - A: 1225 Franklin Ave, Suite 325, Garden City, Ny 11530
 - P: 917-426-1889
 - E: intake@childfamilyinstitute.com
 - <https://childfamilyinstitute.com/>
- Northwell Health – Pediatrics Behavioral Health
 - A: 75-59 263rd Street, Ambulatory Care Pavilion, Lower-Level Glen Oaks, NY 11004
 - P: (718) 470-3500
 - <https://www.northwell.edu/behavioral-health>
- Northwell Health – Pediatric Behavioral Health Urgent Care Center – Same day help
 - A: 269-01 76th Avenue, Room 161 New Hyde Park, NY 11040
 - P: (718) 470-3148
 - <https://www.northwell.edu/behavioral-health/programs-services>
- Nassau University Medical Center (NUMC) Outpatient Behavioral Health Services
 - A: 2201 Hempstead Turnpike East Meadow, NY 11554
 - P: (516)-296-2670
 - <https://www.numc.edu/our-services/mental-health-addiction/outpatient-behavioral-health-services/>
- Mount Sinai South Nassau Mental Health Counseling Center
 - A: 2277 Grand Avenue Baldwin, NY 11510
 - P: (516) 377-5400
 - <https://www.southnassau.org/sn/mental-health-counseling-center>
- Mount Sinai South Nassau – Primary Care, Pediatrics, and Behavioral Health
 - A: 250 Fulton Avenue Hempstead, NY 11550
 - P: (516) 485-5710
 - <https://www.southnassau.org/sn/mental-health-counseling-center>
- Stony Brook Psychiatric Associates – Child and Adolescent Outpatient Services, Department of Psychiatry and Behavioral Health
 - A: HSC, Level T-10, Room O20 Stony Brook, NY 11794-8101

- P: (631) 632-2428
- https://www.stonybrookmedicine.edu/patientcare/psychiatry/child_outpatient
- **Advanced Counseling Associates**
 - A: 260 Main Str. West, Suite 8, Bay Shore, NY 11706
 - P: 631-647-9009
 - E: info@advancedcounselingassociates.com
 - <https://advancedcounselingassociates.com/>
- **CBT Solutions of Long Island**
 - A: 33 Walt Whitman Rd. Suite 240, Huntington Station, NY 11746
 - P: 631-209-5343
 - <https://cbtsolutionsli.com/>
- **Child and Family Psychological Services, P.C.**
 - A: Suffolk Location: 521 Route 111 Suite 202 Hauppauge, NY 11788
 - A: Nassau Location: 1527 Franklin Avenue Suite LL12 Mineola, NY 11501
 - P: (631) 265-9850
 - E: childfamily12@gmail.com
 - <https://www.childandfamilypsychservices.com/index.html>
- **East End Psychological Services**
 - A: 565 Route 25A, Suite 201 Miller Place, NY 11764
 - A: 358 Veterans Memorial Highway, Suite 9 Commack, NY 11725
 - P: (631) 821-7214
 - E: admin@eepservices.org
 - <https://www.eepservices.org/index.php>
- **Long Island Anxiety Care**
 - A: 3771 Nesconset Highway, Ste. 214 South Setauket, NY
 - P: (631) 751-1420
 - E: lianxietycare@gmail.com
 - <http://licbt.com/>
- **Solutions Counseling LCSW PLLC**
 - A: 6500 Jericho Turnpike Suite 217 Commack, NY 11725 US
 - P: (631) 543-8877
 - <https://scc-counseling.com/>
- **Long Island Counseling Services**
 - A: 2545 Hempstead Turnpike, Suite 105 East Meadow, NY 11554
 - P: (516) 882-4544
 - A: 150 Broadhollow Rd, Suite 310 Melville, NY 11747
 - P: (631) 380-3299
 - <https://longislandcounselingservices.com/>
- **Long Island Family Therapy**
 - A: 358 Veterans Memorial Hwy, Suite 12 Commack, NY 11725
 - P: 631-656-6055
 - <https://www.longislandfamilytherapy.com/index.asp>
- **Right Path Counseling Long Island**
 - A: 420 Jericho Turnpike, Suite 100 Jericho, NY 11753
 - P: (516) 247-6457
 - E: RightPathCounselingLI@gmail.com
 - <https://rightpathcounselingli.com/>
- **New York Behavioral Health**
 - A: 520 Franklin Ave, Suite L6-A Garden City, NY 11530
 - A: 100 N. Village Avenue, Suite 26 Rockville Centre, NY 11570
 - P: 646-599-3498

- E: info@newyorkbehavioralhealth.com
- <https://www.newyorkbehavioralhealth.com/>
- Therapy My Way
 - A: 535 South Oyster Bay Rd Plainview, NY 11803
 - P: (516) 888-HELP
 - E: schedule@therapymyway.com
 - <https://therapymyway.com>

For questions or more information, contact:

**Julia Rakin, Mental Health Coordinator, CUIMC Department of Pediatric Orthopedics
203-216-3348, jr4593@cumc.columbia.edu**