



GO-TO GUIDE FOR MENTAL HEALTH

Manhattan and Surrounding Counties, NY Pediatric Behavioral Health and Psychology Resources

- Dr. Aspasia Hotzoglou – American Institute for Cognitive Therapy
 - Attended *Scoliosis Training for Mental Health Provider* – Licensed in NY – virtual and in person sessions, Licensed in CT – virtual sessions
 - A: 150 East 58th Street, Fifth Floor Annex New York, NY 10155
 - P: (212) 308-2440
 - E: intake@cognitivetherapynyc.com, ahotzoglou@cognitivetherapyny.com
 - <https://www.cognitivetherapynyc.com/child-and-adolescent-services/>
- Child & Family Institute
 - Dr. Sarah Hatcher Ph.D – Attended *Scoliosis Training for Mental Health Provider* – Licensed in NY – virtual and in person sessions, Licensed in CT – virtual sessions
 - A: 106 West 32nd Street, New York NY 10001
 - P: (914) 361-5283
 - E: intakecfi@gmail.com
 - <https://www.childfamilyinstitute.com/>
- Lifestance Health
 - Kim Butler, LCSW – Attended *Scoliosis Training for Mental Health Provider* – Licensed in NY – virtual and in person sessions
 - A: 667 Stoneleigh Ave, Suite 202 Carmel Hamlet, NY 10512
 - E: Kim.Butler@lifestance.com
 - P: 866-592-0421
- NYU Child Study Center
 - A: One Park Avenue 7th Floor New York, NY 10016
 - P: (646) 754-5000
 - <https://nyulangone.org/locations/child-study-center>
- The Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
 - A: 3 Columbus Circle, Suite 1425 New York, NY 10019
 - P: (212) 342-3800
 - <https://childadolescentpsych.cumc.columbia.edu/families/clinics-doctors-services/cucard-manhattan>
- The Children's Center at Behavioral Associates
 - A: 1619 3rd Avenue, Suite 202 (2nd Floor) New York, NY 10128
 - P: (212) 860-8500 <https://www.behavioralassociates.com/the-childrens-center-at-behavioral-associates/>
- Weill Cornell Psychiatry Specialty Center
 - A: 315 East 62nd Street, 5th Floor New York, NY 10065

- P: (646) 962-2820
- <https://weillcornell.org/services/psychiatry/weill-cornell-psychiatry-specialty-center>
- Whole Mind Psychology
 - A: 330 West 58th Street New York, NY 10019
 - P: (646) 450-3455
 - <https://www.wholemindpsychology.com/>
- Wellbeing & Psychological Services (2 locations)
 - A: 167 East 67th Street, Suite 2E New York, NY 10065
 - A: 6 East 39th Street, Suite 602 Office A New York, NY 10016
 - P: (917) 797-8754
 - E: wellbeingandpsychservices@gmail.com
 - <https://wellbeingandpsychservices.com>
- The Gold Center
 - A: 1130 Park Avenue, Suite 3 New York, NY 10128
 - P: (212) 729-6410
 - <https://thegoldcenters.com/>
- Community Association of Progressive Dominicans (ACDP) – Department of Family and Clinical Services
 - A: 3940 Broadway New York, NY, 10032
 - P: (212)781-5500
 - E: shiciano@acd.org
 - <https://www.acdp.org/clinic.html>
- Youth Treatment and Evaluation of Anxiety and Mood (Y-TEAM) Program
 - A: 1051 Riverside Drive New York, NY 10032
 - P: (646) 774-5793
 - <https://www.columbiapsychiatry.org/research-clinics/youth-treatment-and-evaluation-anxiety-and-mood-program>
- Jewish Board of Family and Children's Services
 - A: 108-112 West 124th Street, New York, NY 10027
 - P: (212)-961-0651
 - <https://jewishboard.org/how-we-can-help/for-a-teen/>
- Loss and Bereavement for Children and Adolescents:
 - A: 336 East 96th Street New York, NY 10128
 - P: (718)- 851-7100
 - <https://jewishboard.org/listing/loss-bereavement-program-children-adolescents/>
- Puerto Rican Family Institute
 - A: Manhattan Mental Health Clinic – 145 West 15th Street, 5th floor New York NY 10011
 - P: 212-229-6905
 - <https://www.prfi.org.com/counseling-mentalhealth-services>
- Metropolitan Center for Mental Health
 - A: 1090 St. Nicholas Avenue New York, NY 10032
 - P: (212)-543-0777
 - A: 160 West 86th Street New York, NY 10024
 - P: (212) 362-8755
 - <https://www.metropolitancenter.com/index.php>
- Emma L. Bowen Community Service Center
 - A: 1727 Amsterdam Avenue New York, NY 10031
 - P: (212) 694-9200
 - E: info@bowencsc.org
 - <https://bowencsc.org/services/child-and-adolescent-clinic/>
- Child Behavior Therapy Associates

- A: 1613 3rd Avenue, Suite 202 New York 10128
- P: (914)-235-2800
- E: info@childbehaviortherapy.org
- <https://www.childbehaviortherapy.org/index.html>
- Tree of Hope Counseling Center
 - A: 2300 East Avenue Rochester, NY 14610
 - P: 585-500-9420
 - <https://www.treeofhopecounselingrochester.com/>
- Penfield Psychiatry for Young Adults
 - A: 481 Penbrooke Drive Penfield, NY 14526
 - P: 585-388-6000
 - <https://penfieldpsych.com/>
- Finger Lakes Psychiatry for Young Adults
 - A: 418 North Main Street Penn Yan, New York, 14527
 - P: 315-531-2400
 - <https://www.flhealth.org/services/psychiatric-services/>
- Rochester Regional Health- Developmental and Behavioral Pediatrics Program
 - A: 800 Carter Street Suite 260 Rochester, NY 14621
 - P: (585) 922-4698
 - <https://www.rochesterregional.org/services/pediatrics/services-and-treatments/developmental-behavioral-pediatrics-program>
- Liberty Resources
 - A: Integrated Health Center - 1045 James St Syracuse, NY 13203
 - P: (315) 472-4471
- Integrated Health Center - Dr Fulton, NY 13069
 - P: (315) 887-1840
 - A: Rochester Behavioral Health Center - 175 Winton Rd N. Rochester, NY 14610
 - P: (585) 410-3370
 - A: 218 Liberty Street Oneida, NY 13421
 - P: (315) 363-0048 liberty-resources.org
- Golisano Children's Hospital - Pediatric Behavioral Health & Wellness
 - A: Pediatric Behavioral Health & Wellness 1860 South Avenue, 1st Floor Rochester, NY 14620
 - P: 585-279-7800
 - <https://www.urmc.rochester.edu/childrens-hospital/behavioral-health-wellness/outpatient.aspx>
- Villa of Hope Mental Health Services
 - A: 1099 Jay Street Building #P, Suite 202 Rochester, NY 14611
 - P: 585-328-0834
 - <https://www.villaofhope.org/programs-services/behavioral-health/>
- Hudson Valley Center for Development
 - A: 1124 NY Route 94 Suite 201 New Windsor, NY 12553
 - P: (845)-787-1350
 - E: questions@hudsonvalleycenter.net
 - hudsonvalleycenter.com
- Child and Family Clinic
 - A: 141 Broadway Newburgh, NY 12550
 - P: (845)-568-5260
 - E: JPerales@orangecountygov.com
 - <https://www.orangecountygov.com/696/Child-Family-Clinic>
- Counseling Services at Garnet Health Medical Center
 - A: 75 Crystal Run Road Suite 135, Middletown, NY 10941
 - P: (845) 333-7800 <https://www.garnethealth.org/services/behavioral-health/counseling>

- Dr. Michele Winchester – Vega & Associates
 - A: Main Office: 3250 US Route 9W, New Windsor, NY 12553
 - A: Other Location: 25 Main St, Suite 2-1, Goshen, New York 10924
 - P: (845)-562-9816
 - E: intakes@winchester-vega.com
 - <https://www.winchester-vega.com>
- Cornerstone Family Healthcare
 - A: 147 Lake Street Newburgh NY 12550
 - P: (845) 563-8000
 - E: info@cornerstonefh.org
 - <https://cornerstonefamilyhealthcare.org/medical-directory-cf/behavioral-health/>
- Rockland Children's Psychiatric Center- Outpatient Clinic
 - A: 2 First Avenue Orangeburg, NY 10962
 - P: (845) 359-7400
 - <https://omh.ny.gov/omhweb/facilities/rcpc/>
- Windsor Counseling Group
 - A: 682 East Main Street Suite 1D Middletown, NY 10940
 - P: (845) 342-0114
 - <https://windsorcounselingwest.com>
- Astor Services for Children and Families
 - A: Beacon Counseling Center 223 Main Street Beacon, NY 12508
 - P: (845) 838-4920
 - A: Dover Counseling Center 6423 Rt. 55 Wingdale, NY 12594
 - P: (845) 350-3010
 - A: Hyde Park Counseling Center 7 Pine Woods Road, Suite 7 Hyde Park, NY 12538
 - P: (845) 233-5935
 - A: Rhinebeck Counseling Center 187 E. Market Street Rhinebeck, NY 12572
 - P: (845) 871-1535
 - A: Poughkeepsie Counseling Center 46 Lincoln Avenue Poughkeepsie, New York 12601
 - P: (845) 471-6004
 - A: Ellenville Counseling Center Trudy Resnick Farber Bldg 50 Center St, Ellenville, NY 12428
 - P: (845) 647-3349
 - A: Kingston Counseling Center 239 Golden Hill Lane, Suite 100 Kingston, NY 12401
 - P: (845) 340-4105
 - A: New Paltz Counseling Center 137 N. Chestnut Street New Paltz, NY 12561
 - P: (845) 419-0850 <https://www.astorservices.org/>
- Orange County Department of Mental Health – Division of Children and Family Services – Referrals to Community-Based Services and Supports
 - P: 845-360-6710
 - E: ocsoc@orangecountygov.com
- Achieve Behavioral Health
 - A: 25 Robert Pitt Drive, Suite 101 Monsey, NY 10952
 - P: 845-425-5252
 - <https://achievebh.org/>
- Alley Valley
 - A: 290 Route 59, Spring Valley, NY 10977
 - P: 845-351-0300
 - E: info@alleyvalley.com
 - <https://alleyvalley.com/>
- Rockland Psychiatric Center
 - A: 140 Old Orangeburg Road, NY 10962

- P: 845-359-1000
- <https://omh.ny.gov/omhweb/facilities/rppc/>
- Frawley Outpatient Mental Health Clinic at Good Samaritan Hospital
 - A: 257 Lafayette Avenue Suffern, NY 10901
 - P: 845-368-5222
 - E: frawley-oc@wmchealth.org
 - <https://www.goodsamhosp.org/mental-health-outpatient-clinic>
- Northwell Health Behavioral Health Clinics
 - A: Mental Health Clinic- 125 Oakland Avenue, Suite 303 Port Jefferson, NY 11777
 - P: (631) 729-2140
 - A: The Cognitive Behavioral Therapy (CBT) Practice 75-59 263rd Street Glen Oaks, NY 11004
 - P: (718) 470-8755
 - A: Northwell Health Physician Partners (NHPP) Behavioral Health Group - Practice at
- Manhasset 1554 Northern Boulevard Manhasset, NY 11030
 - P: (516) 472-5860
 - A: Comprehensive Outpatient Behavioral Services (COBS) 400 Sunrise Highway Amityville, NY 11701
 - P: (631) 608-5570
 - <https://www.northwell.edu/>
- Stony Brook Psychiatric Associates Department of Psychiatry and Behavioral Health
 - A: HSC, Level T-10, Room 020 Stony Brook, NY 11794-8101
 - P: (631) 632-2428
 - https://www.stonybrookmedicine.edu/patientcare/psychiatry/child_clinical_services
- Spectrum Behavioral Health
 - A: 65 Albany Ave Suite B Kingston, NY 12401
 - P: (845) 331-1079
 - <https://spectrumbehavioralhealthny.com/ulster-county-location/>
- Family Services
 - A: Ellenville Behavioral Health Center- 50 Center Street Ellenville, NY 12428
 - P: (845) 486-2703 <https://familyservicesny.org/>
 - A: Highland Behavioral Health Center - Individual and Group Therapy - 20 Manchester Road, Poughkeepsie NY 12603
 - P: (845) 486-2703 Option 1
 - A: Kingston Family Health Center - Family Practice - 239 Golden Hill Lane, Kingston NY 12401
 - P: (845)-486-2703 Option 5 <https://familyservicesny.org/program-areas/behavioral-health-centers/individual-and-group-therapy/>
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- The Institute for Family Health
 - A: Family Practice Center of Hyde Park - 11 Crum Elbow Road Hyde Park, NY 12538
 - P: (845) 229-1020
 - A: New Paltz Family Health Center - 279 Main Street, Suite 102 New Paltz, NY 12561
 - P: (845) 255-2930
 - <https://institute.org/health-care/locations/mid-hudson-valley/>
- WMC HealthAlliance Hospital: Broadway Campus - Psychiatric Emergency Department
 - A: 396 Broadway Kingston, NY 12401
 - P: 845.331.3131
 - <https://www.hahv.org/mental-health>

For questions or more information, contact:

mentalhealth4kids@cumc.columbia.edu