



GO-TO GUIDE FOR MENTAL HEALTH

Westchester, New York

Pediatric Behavioral Health and Psychology Resources

- The Child & Family Institute- Westchester Division
 - Dr. Sarah Hatcher – Attended *Scoliosis Training for Mental Health Providers*, Licensed in New York – in person sessions in Manhattan, virtual sessions available
 - A: 2 Overhill Road Suite 400, Scarsdale NY 10583
 - A: 303 S. Broadway, 4th floor, Suite 450, Tarrytown NY 10591
 - P: 917-439-5759
 - <https://childfamilyinstitute.com/>
- Scarsdale Village CBT
 - Dr. Rebekah Katz – Attended *Scoliosis Training for Mental Health Providers*, Licensed in New York – in person and virtual sessions
 - A: 14 Harwood Court, Suite 511 Scarsdale, NY 10583
 - P: (914)-485-7200
 - <https://www.scarsdalevillagecbt.com/>
- Dr. Reiter and Associates
 - Dr. Angela Reiter PsyD – Attended *Scoliosis Training for Mental Health Providers*, Licensed in New York – in person and virtual sessions
 - A: 475 White Plains Road Suite 27, Eastchester NY 10709
 - P: 914-488-4779
 - E: reiterintake@gmail.com
 - <https://www.psychevaluationtherapy.com/>
- Rachel Lauria, LCSW
 - Licensed in New York – in person and virtual sessions
 - E: rachel.lauria@gmail.com
 - P: 914-491-5683
 - A: 150 White Plains Road Suite 402 Tarrytown, NY 10591
- Mt. Kisco CBT
 - A: 344 Main Street, Suite 207 Mt. Kisco, NY
 - P: 914-265-0462
 - E: rachelgersteinphd@gmail.com,
 - E: emilyfelberpsyd@protonmail.com
 - <https://mtkiscocbt.com/>
- Ellie Mental Health
 - A: 2001 Palmer Avenue Suite 205 Larchmont, NY 10538
 - E: nkaivan@elliementalhealth.com
 - P: 914-573-5543

- Pamela Haynes
 - Licensed in New York – in person sessions, Lived experience with Scoliosis
 - P: 310-467-5440
 - E: phaynes@hudsonmentalhealth.com
 - A: Hudson Mental Health 145 Palisade St. Dobbs Ferry, NY 10522
- Westchester Jewish Community Services
 - A: 845 North Broadway, White Plains NY 10603
 - P: (914) 965-0006
 - <https://www.wjcs.com/>
- Regina Colangelo, LCSW – Private Psychotherapy Practice
 - Licensed in New York – in person sessions
 - A: 16 School St # 1Rye, NY 10580
 - P: (914) 934-8861
 - <https://reginacolangelo.com/>
- M. Kim O'Connor and Associates– Family Therapy
 - Licensed in New York – in person and virtual sessions, Licensed in CT – virtual sessions
 - A: 14 Elm Pl Suite 200/205 Rye, NY 10580
 - P: (917) 453-2328
 - <https://mkimoconnor.com/>
- Beth Falk, PhD – Private Psychology Practice
 - Licensed in New York – in person and virtual sessions
 - A: 185 Kisco Ave #602 Mt Kisco, NY 10549
 - P: (914) 523-7626
- CUCARD (Columbia University Center for Anxiety and Related Disorders) – Clinicians Advanced in Chronic Medical Conditions and Day Program for School Avoidance
 - In person sessions
 - A: 155 White Plains Rd, Ste. 200 Tarrytown, NY 10591
 - P: (914) 631-4618
 - <https://www.columbiadoctors.org/childrens-health/pediatric-specialties/psychiatry-psychology/our-services/cucard-westchester-anxiety-day-program>
- New York Presbyterian Westchester Behavioral Health Center
 - In person services
 - A: 21 Bloomingdale Road White Plains, NY 10605
 - P: 914-682-9100
 - P: 888-694-5700
 - <https://www.nyp.org/locations/westchester-behavioral-health-center>
- Child Diagnostic and Therapy Services
 - A: 1 South Greeley Avenue #302, Chappaqua NY 10514
 - P: (646) 233-0250
 - E: drdimitrarobokos@childtherapysupport.com
 - <https://childtherapysupport.com/>
- Pleasantville Therapy
 - A: 351 Manville Rd, Suite 104Pleasantville, NY 10570
 - P: 914-488-4343
 - <https://www.pleasantvilletherapy.com/>
- Cognitive & Behavioral Consultants (CBC)
 - A: 1 North Broadway, Suite 704 White Plains, NY 10601
 - P: 914-385-1150
 - <https://www.cbc-psychology.com>
- Westchester Center for Behavior Therapy (WCBT)
 - A: 61 Indian Hill Road Pound Ridge, NY 10576

- A: 30 Glenn Street, Suite 207 White Plains, NY 10603
- P: 914-946-4666
- <https://thecenterforbehaviortherapy.com/>
- Bedford Hills Therapy
 - A: 132 Green Lane Suite C (second floor) Bedford Hills, NY 10507
 - P: 914-666-0511
 - <https://www.bedfordhillstherapy.com>

For questions or more information, contact: mentalhealth4kids@cumc.columbia.edu